



Second P.B.B.Sc. Nursing Examination, Summer (Phase - II) 2019
MENTAL HEALTH NURSING

Total Duration : 3 Hours

Total Marks : 75

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

SECTION - A (40 Marks)

1. Short answer question (**any five** out of six) : [5 × 5 = 25]
 - a) Thought disorder at content level.
 - b) Explain Characteristics of mentally healthy person.
 - c) Delirium Tremens.
 - d) Mental Retardation.
 - e) Principles of Psychiatric Nursing.
 - f) Autism.

2. Long answer question (**any one** out of two):
 - a)
 - i) Define Schizophrenia. Make a list of types of Schizophrenia. [5]
 - ii) Write the sign & symptoms of Schizophrenia. [5]
 - iii) Write the nursing management of catatonic schizophrenia. [5]
 - b)
 - i) Write the clinical features of depression. [5]
 - ii) Write the psycho-pharmacological treatment of depression. [3]
 - iii) Write the nursing management of depression. [7]

SECTION - B (35 Marks)

3. Short answer question (**any four** out of five) : [4 × 5 = 20]
- a) Describe in detail mood in typical mania patient.
 - b) Role of nurse in primary level of prevention in psychiatric nursing.
 - c) Stress management.
 - d) Milieu Therapy.
 - e) Grief process by Kubler & Ross and role of nurse in each phase.
4. Long answer question (**any one** out of two) :
- a)
 - i) Write the classification of Psycho-pharmacological drugs. [5]
 - ii) Write the mechanism of action of psychiatric drugs. [5]
 - iii) Write the responsibility in administration of psychiatric drugs. [5]
 - b)
 - i) Write the responsibility of nurse in Pre-ECT care. [5]
 - ii) Name the drugs used in Intra ECT Phase & Write the action of each drug. [5]
 - iii) Write the role of nurse in Post ECT care. [5]

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