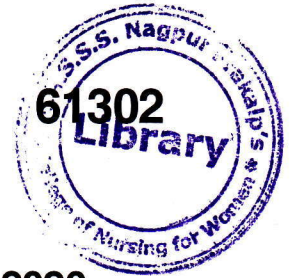


[Total No. of Pages : 1



**First P.B.B.Sc. Nursing Examination, Summer  
(Phase - III : All Other Remaining UG/PG Courses) - 2020  
NUTRITION AND DIETETICS**

Total Duration : 2 Hours

Total Marks : 35

- Instructions :**
- 1) Use **blue/black** ball point pen only.
  - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
  - 3) **All questions are compulsory.**
  - 4) The number to the **right** indicates **full** marks.
  - 5) Draw diagrams **wherever** necessary.
  - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
  - 7) Use a common answer book for all sections.

**SECTION - A (25 Marks)**

1. Short answer question (**any five** out of six) : [5 × 5 = 25]
- a) Balanced diet. *2016 w*
  - b) Nutritional problems of scholars and its managements.
  - c) Principles of cooking.
  - d) Vit. A deficiency and its prevention in children. *-2014 winner*
  - e) Discuss Fat soluble vitamins sources and functions.
  - f) Therapeutic diet in diabetic mellitus.

**SECTION - B (10 Marks)**

2. Long answer question (**any one** out of two) : [1 × 10 = 10]
- a) List the national nutritional programmes and discuss any one in detail. *2017 winner*
  - b) Discuss the effect of under nutrition on antenatal mother and plan balance diet for pregnant mother using food exchanges.

**x x x**