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First P.B.B.SC. (Nursing) Examination, (Phase - III) Winter - 2021
NUTRITION AND DIETETICS

Total Duration : 2 Hours

Total Marks : 35

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

SECTION "A" (25 Marks)

1. Short answer question (**any five out of six**) : [5 × 5 = 25]
- a) Explain Food hygiene.
 - b) Principles of supplementary feeding
 - c) Explain Recommended Dietary Allowances OF Lactating mother
 - d) Discuss community nutrition program
 - e) Dietary management in peptic ulcer.
 - f) Methods of assessing nutritional status of preschooler.

SECTION "B" (10 Marks)

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2. Long answer question (any one out of two) : [1 × 10 = 10]
- a) Define therapeutic diet and Discuss dietary management of 11 years child having diabetic mellitus
 - b) Explain Nutritional needs of adolescent girl and discuss factors to be considered while planning diet for adolescent girls.

