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Third Basic B.Sc. Nursing Examination, Winter - 2020
MENTAL HEALTH NURSING

Total Duration : Section A+B = 3 Hours

Total Marks : 75

SECTION - A & SECTION - B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks.**
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for **all** sections.

SECTION - A (40 Marks)

1. Short answer question (any five out of six) : [5 × 5 = 25]
- a) Current trends in mental health nursing.
 - b) Steps of Process Recording.
 - c) Enlist the Classification of Personality Disorders.
 - d) Management of Post - Traumatic Stress Disorder.
 - e) Advantages of Recreational Therapy.
 - f) Nature and scope of mental health nursing.

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2. Long answer question (any one out of two) : [1 × 15 = 15]
- Describe Electroconvulsive Therapy (ETC) under following Heads Definitions, indications and contraindications. Describe in detail role of Psychiatric Nurse in Pre, Intra and Post ECT procedure.
 - Describe Alzheimer Disease with following Heads etiological factors, clinical manifestations and Explain the nursing management of client with Alzheimer Disease.

SECTION - B (35 Marks)

3. Short answer question (any four out of five) : [4 × 5 = 20]
- List of Alternative System of Medicine in treatment of Mental Health.
 - Classification of Psycho Sexual Disorders.
 - List the Social Rights of Mentally Ill.
 - Draw Classification Chart of Psycho therapies.
 - Members of Mental Health Team and their functions.
4. Long answer question (any one out of two) : [1 × 15 = 15]
- Define Schizophrenia. Brief the causes, signs and symptoms of Catatonic Schizophrenia. Develop care plan for the client with Catatonic Stupor.
 - Define Stress and Stressor. Describe Stress Adaptation Model. Explain Management of Stress and its Coping.

