# Second P.B.B.Sc. Nursing Examination, Summer - 2021 MENTAL HEALTH NURSING

Total Duration : Section A+B = 3 Hours

## **SECTION - A & SECTION - B**

Instructions: 1)

Use blue/black ball point pen only.

- 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
- 3) All questions are compulsory.
- 4) The number to the **right** indicates **full** marks.
- 5) Draw diagrams wherever necessary.
- 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
- 7) Use a common answerbook for all sections.

#### **SECTION-A** (40 Marks)

- 1. Short answer question (any five out of six)
  - a) Role and qualities of mental health nurse.
  - b) Therapeutic impasse.
  - c) Objectives of mental health Programme.
  - d) Legal and ethical issues in mental health nursing
  - e) Discuss types of Schizophrenia.
  - f) Difference between delirium and dementia.

### 2. Long answer question (any one out of two):

- a) i) Define ADHD.
  - ii) Explain the causes and clinical manifestations of ADHD.
  - iii) Discuss the management of patient with ADHD.
- b) i) Define Psychotherapy.
  - ii) Explain various types of psychotherapy.
  - iii) Discuss in detail the role of nurse in behavior therapy.

[1×15=15]

[5×5=25]

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Total Marks: 75

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[4×5=20]

## SECTION-B (35 Marks)

3. Short answer question (any four out of five):

- a) Discuss Therapeutic communication technique.
- b) Lithium Carbonate.
- c) Psychodynamic theory of obsessive compulsive disorder.
- d) Role of nurse in preventive psychiatry.
- e) Disorder of sexual preferences.
- 4. Long answer question (any one out of two):

[1×15 =15]

- a) i) Define mania.
  - ii) Explain the causes of Mania in detail.
  - iii) Discuss the management of client with bipolar disorder.
- b) i) Classify psychoactive substance abuse.
  - ii) Explain the etiology and clinical manifestation of alcohol dependence.

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iii) Discuss the management of client with alcohol intoxication.



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