

First P.B.B.Sc. Nursing Examination, Summer - 2021

NUTRITION AND DIETETICS

Total Duration : Section A+B = 2 Hours

Total Marks : 35

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all Sections.

SECTION "A" (25 Marks)

1. Short answer question (**any five** out of six) : [5 × 5 = 25]
- a) Mid day meal program.
 - b) Diet in Tuberculosis.
 - c) Discuss Food Hygiene.
 - d) Digestion and absorption of protein.
 - e) Write food groups and its main function.
 - f) Obesity and its dietary management.

SECTION "B" (10 Marks)

2. Long answer question (**any one** out of two) : [1 × 10 = 10]
- a) List Fat soluble and water soluble vitamin. Write the sources of vitamin A.
 - b) Define balanced diet. Explain the effects of cooking heat processing on the nutritive value of Foods.

